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Michael Doherty, Press Release Writer
Ghostwriter Anon

Tonsil Stones - 5 Tonsil Stone Treatments Revealed for What They Are

Many traditional tonsil stone treatments do not tackle the root cause, or serve as a long term solution.

West Sussex UK - People who suffer from tonsil stones know that they are an upsetting problem, as bad breath accompanying the problem causes a lot of embarrassment and loss of confidence.

There is a lot of information available on the internet about the treatment of tonsil stones, but the majority of them are only temporary solutions. They do not actually prevent the ailment from reoccurring and becoming a life long nuisance.

Here are five “solutions” that do NOT tackle the root cause of tonsil stones and only work with limited success.

(1) There are various mouth washes, tooth pastes and nasal sprays available that claim to help with tonsil stones and the associated foul smelling bad breath. After prolonged use these products can temporarily mask the bad breath, but they will not help in the cure or prevention of tonsil stones.

(2) Asking for a doctor’s assistance will usually result in a course of antibiotics to be prescribed. In many cases this will not get rid of the problem of the stones or the bad breath. If it does help with the condition, every time it reoccurs a course of antibiotics will be required.

(3) If frequent trips to the doctor occur with the same problem, they may well recommend that the tonsils are actually removed. Tonsils help the human body fight infection, so should not be removed as a quick fix for tonsil stones.

(4) Advice offered for people looking to remove tonsil stones at home, is to brush or scrape the back of the throat with fingers, cotton buds or other small implements, to dislodge the stones. These methods may cause the gag reflex and can damage the back the mouth and throat. This is also dangerous.

(5) Another way to get rid of tonsil stones out the back of the mouth is by sucking a lollipop, as the pressure from sucking can make the stones pop out. However, once again this is only a short term solution.

Ex tonsil stone sufferer Anna Watson recognizes “that many people around the world are getting tonsil stones” and she reassures people suffering with this ailment that “there is certainly a way of getting rid of them”.

There is a solution to eliminating tonsil stones forever, which is completely natural, easy and simple. Find out more in Anna Watson’s ebook at <http://www.embarrassingbody.com/tonsilstones.html>

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